

**PATIENT  
REACTIVATION  
(3 months—1 year)**

Legal Name (First, Middle, Last):		Today's Date:
Street Address:		Home Phone: <input type="checkbox"/> Preferred
City / State / Zip:		Cell Phone: <input type="checkbox"/> Preferred
Email:	Birthdate:	Work Phone: <input type="checkbox"/> Preferred
Occupation:	Employer:	

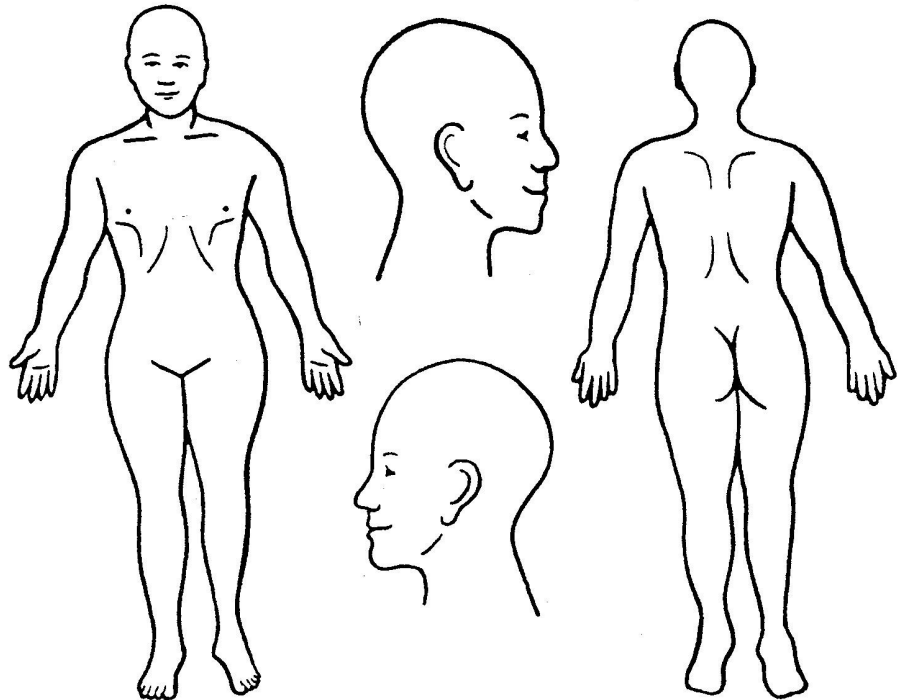
**INSURANCE COVERAGE** Do you have Insurance? ☐ No ☐ Yes If yes, please provide card for us to photocopy.

	PRIMARY INSURANCE PROVIDER	SECONDARY INSURANCE PROVIDER
Insurance Company:		
Phone Number:		
Policy / Subscriber ID Number:		
Group Number:		
Policyholder Name:	<input type="checkbox"/> Check if different address	<input type="checkbox"/> Check if different address
Policyholder Relationship to You:		
Policyholder Date of Birth:		
Policyholder Employer:		

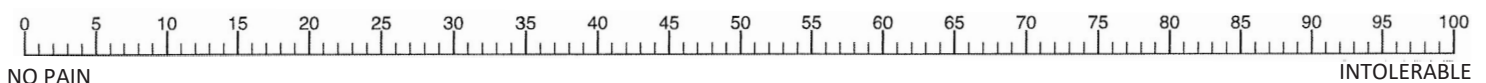
**CHIEF COMPLAINT** Use the symbols from the top box on the left to indicate the location and type of pain that you are having.

XXX	Burning
(( (	Aching
000	Pins & Needles
---	Numbness
:::	Sharp Pains

Pain is:		
<input type="checkbox"/>	Constant	
<input type="checkbox"/>	Comes & Goes	
<input type="checkbox"/>	Getting Better	
<input type="checkbox"/>	Getting Worse	
<input type="checkbox"/>	Staying Same	
Better		Worse
<input type="checkbox"/>	Morning	<input type="checkbox"/>
<input type="checkbox"/>	Midday	<input type="checkbox"/>
<input type="checkbox"/>	Evening	<input type="checkbox"/>



**Rate Your Pain on the scale below.** If there is more than one area of pain, please indicate the pain level (0-100) next to each area, as appropriate.



What are your symptoms?

What caused the symptoms/injury?

Date symptoms began:

☐ Work Related ☐ Auto Accident (Please provide copies of ALL Documents)

Have you seen a medical doctor for this condition? ☐ No ☐ Yes If Yes, Doctor's Name:

Clinic:

**What Makes the Condition Better?**

Head, Neck:

Mid Back:

Low Back:

Shoulder, Arm, Hand:

Hip, Leg, Foot:

**What Makes the Condition Worse?**

Head, Neck:

Mid Back:

Low Back:

Shoulder, Arm, Hand:

Hip, Leg, Foot:

**Please mark any of the following activities which you find to be painful or difficult.**

<input type="checkbox"/> Lying on back	<input type="checkbox"/> Dressing Self	<input type="checkbox"/> Lifting	<input type="checkbox"/> Kneeling	<input type="checkbox"/> Twist/Turn Left/Right
<input type="checkbox"/> Lying on side	<input type="checkbox"/> Stooping	<input type="checkbox"/> Gripping	<input type="checkbox"/> Bending Forward	<input type="checkbox"/> Sitting/Driving/Riding
<input type="checkbox"/> Lying on stomach	<input type="checkbox"/> Pushing/Pulling	<input type="checkbox"/> Standing	<input type="checkbox"/> Get In/Out of Car	<input type="checkbox"/> Using Computer
<input type="checkbox"/> Turning over in bed	<input type="checkbox"/> Reaching	<input type="checkbox"/> Walking	<input type="checkbox"/> Sexual Activity	<input type="checkbox"/> Going Up/Down Stairs

☐ Yes ☐ No It hurts to cough, sneeze, or grunt. If yes, where?

☐ Yes ☐ No Pain interferes with sleep. If yes, how many times do you wake up?

☐ Yes ☐ No I sleep with a pillow. If yes, how many?

What position do you sleep in?

☐ Yes ☐ No Heat affects the pain. If yes, how?

☐ Yes ☐ No Cold affects the pain. If yes, how?

☐ Yes ☐ No I wear a heel lift. If yes, which side?

**Headaches** ☐ Not Applicable

☐ Yes ☐ No Nausea, vomiting, visual disturbances  
☐ Yes ☐ No Pain or cracking in the jaw  
☐ Yes ☐ No Abnormal blood pressure  
☐ Yes ☐ No Family history of headaches

Frequency of headaches: \_\_\_\_\_

Date of last eye exam: \_\_\_\_\_

**Low Back** (Lumbosacral Spine) ☐ Not Applicable

☐ Yes ☐ No Feeling of ripping or tearing. If yes, where?

☐ Yes ☐ No Pain radiates to abdomen

☐ Yes ☐ No Affects bowel or urinary function. If yes, how?

**Neck** (Cervical Spine) ☐ Not Applicable

☐ Yes ☐ No Neck injury affects hearing  
☐ Yes ☐ No Affects vision, balance or ringing in ears  
☐ Yes ☐ No Hear grating sounds  
☐ Yes ☐ No Family history of headaches

☐ Right ☐ Left Difficulty turning head

☐ Yes ☐ No Pain or pressure behind the eyes

☐ Yes ☐ No Feeling of ripping or tearing. If yes, where?

**Do you currently smoke?** ☐ Yes ☐ No Have you in the past? ☐ Yes ☐ No

**FEMALES: Are you pregnant?** ☐ Yes ☐ No If Yes, Due Date: \_\_\_\_\_ Doctor: \_\_\_\_\_

**Medical conditions** other than that for which you are seeking treatment (i.e. diabetes, high blood pressure, etc): ☐ None

**Current medications and/or supplements:** ☐ None

**Medical allergies:** ☐ None

**I certify that the above statements are true and complete to the best of my knowledge. I authorize the doctor to examine and treat my condition through the use of chiropractic care, and I give authority for these procedures to be performed.**

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Staff Initials:

Parent/Guardian/Legal Representative: \_\_\_\_\_

Date: \_\_\_\_\_

## INFORMED CONSENT

While chiropractic care is remarkably safe, like any health care treatment, it does have some risks. It is your right as a patient to be informed of the potential risks of care so that you are fully informed in consenting to treatment.

**The nature of the chiropractic adjustment** - The primary treatment used by Doctors of Chiropractic is called spinal manipulative therapy. Your doctor may use his/her hands or a mechanical instrument upon your body in such a way as to move your joints. This may cause an audible “pop” or “click,” much as you have experienced when you “crack” your knuckles. You may feel a sense of movement.

**Analysis / Examination / Treatment** - As a part of the analysis, examination, and treatment, a variety of tests and therapies may be used in your care including: spinal manipulative therapy, range of motion testing, muscle strength testing, ultrasound, radiographic studies (x-rays), palpation, orthopedic testing, postural analysis, basic neurological testing, hot/cold therapy, vital signs, EMS, ultrasound, spinal decompression therapy, and/or high intensity laser therapy.

**The material risks inherent in chiropractic adjustment** - As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. Your doctor will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to our attention, it is your responsibility to inform the doctor.

**The probability of those risks occurring** - Fractures are rare occurrences and generally result from some underlying weakness of the bone which your doctor will check for during the taking of your history and during examination and x-ray. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments. *Statistically speaking, the risk of stroke from unknown causes in the general population actually exceeds the risk of stroke following a chiropractic adjustment.* The other complications are also generally described as rare.

**Results** - As with any health care option, we cannot guarantee any particular results from our chiropractic treatment. If during the course of care, we encounter non-chiropractic or unusual findings, we will advise you of those findings and recommend that you seek the services of another qualified health care provider.

**The availability and nature of other treatment options** - Other treatment options for your condition may include: self-administered, over-the-counter analgesics and rest; medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain-killers; hospitalization; surgery. There are risks and benefits with each of these options, and you may wish to discuss these risks and benefits with your primary medical physician.

**The risks and dangers attendant to remaining untreated** - Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time, this process may complicate treatment making it more difficult and less effective the longer it is postponed.

**PREGNANCY RELEASE** – This is to certify that, to the best of my knowledge, I am not pregnant. I give my permission to perform x-ray evaluation with the understanding that x-ray can be hazardous to an unborn child.

\_\_\_\_\_  
(Patient Initials)

***Having carefully read the above, I hereby give my informed consent to have the doctors of Innovative Health administer chiropractic care.***

\_\_\_\_\_  
Patient Name (printed)

X

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

X

\_\_\_\_\_  
Parent/Guardian/Legal Representative Signature

**TO BE COMPLETED BY DOCTOR****HPI-CC****Start:****Stop:****PRIMARY:** \_\_\_\_\_**ONSET** How did it start? \_\_\_\_\_

Date of onset: \_\_\_\_\_

**PROGRESSION** Getting Better Getting Worse**QUALITY** Burning Dull Ache Shooting Sharp Deep  
Pins & Needles Numbness Restlessness**RADIATION** Lower Extremity R B L Upper Extremity R B L**SETTING** Aggravating: \_\_\_\_\_  
Alleviating: \_\_\_\_\_**TIMING** Worse in: Morning Night Doesn't Matter  
Constant Intermittent**ADL** Is your pain interfering with activities?**ASSOC SIGNS / SYMPTOMS** HA Bowel / Bladder Eyes / Ears Cough / Sneeze**MOOD** Happy Sad Angry Depressed Rushed Restless Agitated  
Manic Weepy Hysterical Quiet Flighty Inappropriate  
Nervous Responds Slowly Other: \_\_\_\_\_**ORIENTED TO PERSON/ PLACE / TIME** Yes No**NOTES:****SECONDARY:** \_\_\_\_\_**ONSET** How did it start? \_\_\_\_\_

Date of onset: \_\_\_\_\_

**PROGRESSION** Getting Better Getting Worse**QUALITY** Burning Dull Ache Shooting Sharp Deep  
Pins & Needles Numbness Restlessness**RADIATION** Lower Extremity R B L Upper Extremity R B L**SETTING** Aggravating: \_\_\_\_\_  
Alleviating: \_\_\_\_\_**TIMING** Worse in: Morning Night Doesn't Matter  
Constant Intermittent**NOTES:**

Doctor Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Dictated Initials: \_\_\_\_\_